



INAAP Monthly News & Updates February 2020

Letter from the President

It's 2020, and I'm ready to aim high.

Having been involved with this organization for several years, it has been really satisfying to see all the growth that INAAP has made. I get excited when I think about the grants and programming that are now offered through our chapter, but I also want that trend to continue.

That's where you come in - as a valued INAAP member, what do you want to see most from your chapter? Do you want additional CME opportunities? more social events? a better understanding of our advocacy efforts?



We can't be effective if we don't know what our members want, so if you have an idea I HIGHLY encourage you to reach out and let me know. I'd love to discuss your ideas with our Board and see if it is something we can make happen! You can reach me directly [HERE](#), and I look forward to hearing from you soon!



Legislative Update from Advocacy Co-chair Dr. Jaime Stelzer

Legislative advocacy continues to be a priority for INAAP, and it's hard to believe that we're already more than halfway through the Legislative Session for 2020. This first half was both busy and productive, with several members taking time out of their busy practice schedules to advocate for Hoosier Children through written testimony, letters to legislators, and in-person testimony. INAAP also continues to work behind the scenes with legislators to help educate on how wording of bills can negatively or positively

impact our children.

A hot topic for this first half of the session was [Senate Bill 342](#), otherwise known as the Pregnancy Accommodation Bill. The bill was listed as part of Governor Holcomb's priority agenda at the start of the year and would provide reasonable accommodations to pregnant workers such as extra bathroom breaks, a stool to sit on, or a bottle of water. A wonderful coalition of around 20 organizations (including INAAP) successfully worked to advance the bill out of committee, but the bill unfortunately hit a snag when it was called for a vote by the full senate. Worried about upsetting business and manufacturing groups, the senate decided to amend the bill to send it to Summer Study Committee instead of passing it into law. We are disappointed that pregnant women will not have these additional accommodations this year, but will continue to work with the Governor and the

rest of the coalition to get this passed in 2021.

Regulation of Tobacco Products, or [House Bill 1006](#) moves onto the Senate for consideration. This bill enhances penalties for retailers who sell to underage users; updates tobacco product definitions to include e-liquids; and extends the distance between a tobacco shop and a school from 200' to 1,000'. Importantly, this bill also re-focuses the penalty provisions away from adolescents and towards the vendors who sell products to underage patrons. INAAP President-elect Emily Scott did a great job of advocating for the bill at the recent Tobacco Free Indiana Rally, and we are optimistic that this bill will be signed into law by the end of the session.

Physician non-compete agreements are the topic of [House Bill 1115](#), and we are pleased that the bill made it out of the House with strong support. This bill introduces a new requirement that all provider contracts have buyout provisions moving forward, and also requires employers of providers to inform patients where their provider has gone for a period of two years. Non-compete agreements have gotten out of hand for physicians, and we are excited that these common-sense measures to give physicians more freedom are being advanced through the general assembly.

A bill that we have worked hard to kill is [SB 449](#) which would allow children as young as thirteen to be prosecuted in the adult criminal justice system. Children that are waived to adult court do not have access to any of the rehabilitative services available in the juvenile system, and they are often kept in solitary confinement due to protocol that requires minors and adults to be housed in different areas of a jail or prison. We have done our best to educate lawmakers on the status of brain development in 13 and 14 year olds – and why they have a very real shot at rehabilitation. Though the bill passed through the Senate, we have made significant strides in stopping the bill in the house. Though the bill has been assigned to a House committee, it has not been set for a hearing, and we are optimistic it will stay that way.

INAAP was also involved in the Physician Day at the State House which included other medical specialties. Pediatricians were able to not only meet others with a passion in advocacy but also get to know their state legislators.

As the second half is underway we will continue to advocate for Hoosier Children and our Pediatricians. If any member has a specific area of interest, please don't hesitate to reach out to me [HERE](#).

Also, you can read all the written testimony we have provided so far during the 2020 session by visiting our website [HERE](#). This does not include the times we have testified in person.

Free CME and Social Event! Fort Wayne, Indiana - March 23, 2020

Updates on HPV Vaccine and Making a Strong Recommendation



The Indiana Immunization Coalition, American Cancer Society, Indiana Academy of Family Physicians, Indiana Chapter of the American Academy of Pediatrics, Indiana Pharmacists Association, Indiana Primary Health Care Association, and the Allen County Department of Health are hosting an HPV Provider Dinner and Program. Topics will include: impact of HPV virus and cancers in men and women, importance of recommending the HPV vaccine to men and women, and new age guidelines for the HPV vaccine.

INAAP's Immunization Champion Dr. Shobana Pandian (pictured below left) encourages you to attend. "We as pediatricians play a vital role in the choices parents make for their children. Having the conversation with parents about HPV vaccination is an important one, but at times can leave us feeling defeated. Don't let that happen any longer! Come to this free event and get great tips to help convey our message about the HPV vaccine in a successful and positive manner."



Dinner and programming will start at 5:00 pm, and will feature INAAP's own Dr. Cynthia Robbins (pictured above right). The CME program will be followed by a Mad Ants basketball game at 7:00. The event is completely free of charge, and both CME and Pharmacy Education credits will be offered. "

March Member CME Event

Screening for Postpartum Mood Disorder in Pediatrics

March 19, 2020, 5:30 pm

Indianapolis Central Library

Join us on Wednesday, March 19th for a talk on the topic of Postpartum Mood disorder. Get the information you need to help best serve your patients and their families. This meeting will qualify for one hour of CME, and dinner is provided. This meeting is free to INAAP members, and also serves as a great way to meet other members of the pediatric community.

Additional information about this meeting will be provided in future updates, but you can register today!



[March Meeting RSVP](#)

Reach Out and Read Updates for

Program Coordinator Madison Criswell

Does your practice need a Morale boost? Try Reach Out and Read!

A new study published in the Wisconsin Medical Journal evaluated the effect of Reach Out and Read on clinic values and attitudes and found that **implementation of Reach Out and Read enhanced clinic morale, increased provider satisfaction, and improved patient-clinician relationships**. Compared to clinicians in control clinics, clinicians in study clinics were more likely to report that they played a large role in promoting literacy and had more consistent literacy discussion in routine pediatric healthcare visits.



No prior studies have examined the effect of program implementation on clinic staff and clinic values, attitudes, and knowledge related to early literacy. The hypothesis of this study was that Reach Out and Read implementation not only improves early childhood literacy promotion, but also improves aspects of the clinician's work environment. Understanding the potential effects of this program on clinic staff is important, since many clinics will implement this program in the near future.

The data showed that clinicians at the majority of the study clinics believed that the program boosted clinic morale, increased provider satisfaction, improved patient clinician relationships, and promoted a literacy-rich environment. Funding was the only concern mentioned consistently by clinics with Reach Out and Read.

Understanding potential changes that can occur in clinics because of the Reach Out and Read program is crucial to help clinics adequately prepare for the implementation process. Knowing that this program has many advantages and few disadvantages in clinics may encourage more participation. Further studies should compare clinics with Reach Out and Read to those with no interest in the program to determine if results from this study can be more broadly generalized.

To read the full study, [click here](#).



SAVE THE DATE!

INAAP Annual Pediatric Conference

September 10-11, 2020

Columbus, Indiana



INAAP Board of Directors: Call for Open Positions

INAAP's Board of Directors is looking to fill four vacant positions starting in May 2020. Additional positions may also open, and we will post them as they do.

Board members serve a 2 year term during which they help formulate the vision and strategy for the organization. Board members are expected to

attend 3 board meetings per year in Indianapolis, as well as a board retreat which will provide additional leadership training.

The 4 open positions with a term starting in May 2020 are:

North Regional Representative: As a North Regional Representative you will serve as a liaison between your local pediatric community (North of Indianapolis) and the INAAP board. Regional Representatives help spread INAAP news and initiatives to various parts of the state, and also makes INAAP aware of issues in their area that need to be addressed. This position is open to INAAP Fellows.

South Regional Representative: As a South Regional Representative you will serve as a liaison between your local pediatric community (South of Indianapolis) and the INAAP board. Regional Representatives help spread INAAP news and initiatives to various parts of the state, and also makes INAAP aware of issues in their area that need to be addressed. This position is open to INAAP Fellows.

Secretary/Treasurer: The Secretary/Treasurer serves as a regular member of the Board of Directors, but has two additional responsibilities: (1) making sure that business conducted by the Board during its meetings is recorded via minutes, and (2) working with the Executive Director to review the financial statements of the chapter on a monthly basis. The Secretary/Treasurer does not need to actually take the minutes, but ensures

that they are taken and made available as needed. This position is open to INAAP Fellows.

Sub-specialist Representative: In addition to normal board duties, the Sub-specialist Representative has the responsibility of voicing the views of INAAP's sub-specialist members to chapter leadership. This position is restricted to INAAP sub-specialist members.

If multiple members are interested in a position, INAAP's membership committee will nominate two candidates, which will then be voted on by the membership as a whole. The deadline for expressing interest in these positions is March 15th, 2020.

If you are interested in one of these positions or want to learn more, contact Chris Weintraut at cw@inaap.org.



Tobacco Cessation Updates from CEASE Program Coordinator Lisa Wegner

At the end of January the Indiana State Department of Health (ISDH), in partnership with the Truth Initiative, announced an Indiana-specific text message program to help teens and young adults who want to quit vaping. Young people who are looking to quit vaping can enroll in "This is Quitting" by texting "Indiana" to 88709. The program is

tailored by age group to give appropriate recommendations about quitting vaping.

Indiana youth who enroll in This is Quitting will receive one support text per day for at least 60 days after their quit date. Individuals who are interested in ending e-cigarette use but aren't yet ready to set a quit date will receive at least four weeks of messages focused on building skills and confidence to prepare for quitting. Users can receive on-demand support for cravings, stress, slips and a desire for more tips or inspiration in addition to their scheduled interactive messages. Upon completion of the program, users will receive periodic text messages and may continue to receive messages of support for as long as needed.

For Clinicians

Printable materials (like the poster included below) with the text code and number are available for download through VapeFreeIndiana.isdh.in.gov, as well as more information about the program. I encourage you to put these materials up in your office setting and speak with patients about quitting!



Ready to quit Juul?

*You've got this,
and we've got your back.*

text INDIANA to 88709

for an easy-to-use, anonymous (and free) support system at your fingertips.



Mark Your Calendars!

Read IN 2020

Mark your calendars for INAAP's 5th annual Reach Out and Read fundraiser "Read IN" which will be held on April 25th from 10am -3pm at the downtown Indianapolis Central Library.

This event is a celebration of language and literacy in support of Reach Out and Read programs throughout the state of Indiana. The event will feature celebrity guest readers, musical performances, arts and crafts, magic show, and fitness activities. We are looking for medical students and physicians who are willing to volunteer in their white coats to sign the "prescription for reading" once children are finished with their activities of the day!



2020 Pediatric Obesity Management: Evidence-based Strategies and Practical Approaches

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®



2020 Pediatric Obesity Management: Evidence-based Strategies and Practical Approaches

April 3-4, 2020 | Itasca, IL

As pediatric obesity has continued to worsen nationally, a need has emerged to equip more providers with skills to effectively manage and help their patients. Over the past several years evidence-based obesity management strategies and sustainable practice-management approaches have emerged. The [2020 Pediatric Obesity Management: Evidence-based Strategies and Practical Approaches](#) course, hosted by the American Academy of Pediatrics (AAP) Section on Obesity (SOOb) is designed for pediatricians, family physicians and pediatric allied health professionals seeking to improve their skills in obesity assessment and management. This educational experience combines selected pre-conference readings, expert panels, workshops and didactic training sessions for an engaging and comprehensive training.

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